



Skip Frey for Meritorious Service



Skip started league bowling in youth leagues in 1962, when his family moved to Springfield, VA. He continued with youth bowling on and off until 1968 when he left for college. During college he bowled in several local bowling leagues between 1970 and 1972. Upon college graduation in 1972, Skip returned to the Northern Virginia area, moving to Lake of the Woods in the fall of 1974. After a bowling hiatus of several years, he participated in a mixed league in Northern Virginia in the 1977-1978 and 1978-79 seasons. Skip picked up bowling in several leagues at Princess Anne Bowling Center from 1982 thru 1989 and helped coach the local youth league from 1982 thru 1984. Because of work requirements, Skip did not bowl again until after his retirement from Federal Service in May 2000. He started league bowling again, in September 2003 which continues to this day. During this time Skip has served as a league secretary/treasurer in numerous leagues and continues to serve as the Secretary/Treasurer of the Wednesday Night Men's and Tuesday Nite Mixed leagues. Skip also served as the league coordinator at Liberty Lanes from 2005 until its closing in December 2017. Skip first became involved with the Greater Fredericksburg USBC Association (GFUSBCA) when, in January 2008, he was selected by the GFUSBCA Board of Directors to be Association Manager (AM). He continued to serve in this capacity until his resignation in November 2014. During his time as AM he represented the Association at numerous Virginia State Association Annual meetings and served as a delegate to the USBC Annual Meeting on three occasions. In 2011, Skip had a major role in the hosting of the VA State Annual Mixed Tournament – the first time a VA State event was held in the Fredericksburg area.