



Lanes & Frames



Your GFUSBC Newsletter



www.gfusbca.org

Mission Statement

The Greater Fredericksburg USBC is to be the unified organization of choice focused on the promotion and growth of the sport of bowling in and around the Greater Fredericksburg region.

GFUSBC Military Bowlers

53rd Annual Military Bowling Championships

[This article is a recap of Paul Rumbaugh's recent trip to the Annual Military Bowling Championships in Las Vegas, Nevada.]

John Heard, Jose Robertson, Paul Rumbaugh and Edgar Yates were just **four local bowlers** of 1,050 that gathered at the Gold Coast Hotel and Casino in Las Vegas for the 53rd Annual Military Bowling Championships held January 18 – 21, 2010. The field was full for the scratch event which is open to active duty, retired military, and DoD civilians with 175 six-person teams in three divisions (active duty, retired, and senior retired). The event is reportedly the largest gathering of active duty and retired military people for a sporting event in the world. Participants bowl four games in singles, doubles and team competition over four days with one day off to enjoy other activities.

ESPN color analyst and PBA champion Randy Pedersen emceed the opening ceremony. Storm Bowling, as a title sponsor, had former Marine and USBC Hall of Famer Bob Hart on hand. Storm staff members, including Norm Duke and Pete Weber, also made appearances during the event.

Paul has been going to the tournament for about 15 years. He began when it was bowled at the former 106-lane Showboat Hotel and Casino. After the Showboat, then known as the Castaways, closed two days before the 2004 event, an ad hoc event was held at Texas Station. For the last six years, the tournament has been at the 70-lane Gold Coast Bowling Center with extra side events at the sister 70-lane Orleans Bowling Center.

Paul loves to go to the tournament for several reasons. It is nice to leave the winter weather in January, the competition is great and it's a big reunion. Paul runs into people from all over the country he has bowled with

during his military career including several years on the Air Force team at Inter-service Championships. In fact, that's how he met his teammates; two from the Air Force and three from the Army.

This year was Paul's best year ever. He averaged 235 for the 12 games. His team of Dave Axon and Gary Livingston, (Omaha, NE); Scott Huther, (Huntsville, AL); Jerry Brewster, (Lenexa, KS); and Troy Kiser, (Sierra Vista, AZ) took first place in the team event and second in team all events in the "Retired Division". This is the first year they won the team event and fourth year in a row to finish second in team all events. Paul also finished 4th in singles, 6th in all events and partnered with Troy to finish 3rd in doubles.

Kary Harris, a retired Air Force member from Tucson, AZ, won the singles title averaging 279 with games of 289, 248, 279 and 300 for a record setting series of 1,116.

The tournament is run by a committee of bowlers who have participated in the event for many years in partnership with High Roller to help coordinate and stage the annual event. The vision is to reunite all U.S. military bowlers in camaraderie and Esprit de Corps.

See page 2 for more on Military Bowlers

The GFUSBC 5th Annual Open Championship Entry form is on Page 6.
(Official entry rules are on forms located in the bowling centers or online at gfusbca.org)

Tony Anderson makes the All Marine Bowling Team

You may not know **Marine Master Sergeant Anthony Anderson** but if you bowl you have probably seen “Tony” at AMF or Liberty Bowling Centers. Tony bowls in five leagues this year and loves the sport. His highest average at this time is 220.

Not a one sport man either with interests in basketball, tennis and working out in the gym. He is also a biker. However, this story is about a very fine achievement that doesn't come to many bowlers. He was chosen to compete for a spot on the All Marine Bowling team and made the squad.

Late last year the Army, Navy, Marines, Air Force and Coast Guard notified their service members, here and abroad, of the opportunity to vie for a spot on their respective bowling teams. Only those who had a current 215 average or higher were candidates and could submit a resume. If selected from the many entries, the bowler became eligible to compete for a spot on a four man team that would represent their branch of service in The All Armed Services Tournament. The Marines selected nine bowlers to compete for the team based on average, experience in leagues, tournaments and sports bowling. Tony was one of those selected.

These nine Marines traveled to El Paso, Texas to bowl against each other for three days; rolling eight games a day, each on a different pair of lanes. Sport conditions were used to test the bowler's skill and ability to adjust. If you have had the opportunity to bowl on lane conditions similar to those the professionals use, then you have an idea about the degree of difficulty involved.

The first eight games were played out on 44 feet of oil and at the end of day one Tony found himself in ninth place. Not a comfortable position to be in. He believed he just needed to relax, study how the pattern affected his ball and do what he does best. The second day after eight games on 35 feet of oil, Tony found himself in first place with a day to go. On the third and final day before cut down, all the bowlers were within striking distance, just a few good games away from making the team. They would bowl on 47 feet of oil and most found this to be the easiest test so far. Tony did not waver and finished third in the competition, making the All Marines Team. His average was 192 under tough conditions and just three pins off the leader, Master Sergeant James Bloomer. This was quite an accomplishment by one of our Association Bowlers. I will let Tony tell you how the Tournament went for his team but you can bet the memories and story will be with him for a long, long time.



USBC Open Championships Feb. 20 - July 4, 2010 (last day of competition) Reno, NV

Although the start of the 2010 USBC Open Championships is less than a month away, it's not too late to enter. The entry deadline has been extended until April 1.

<p>31 Commerce Parkway Fredericksburg, VA 22406</p> <p>Office: (540) 370-0100 Toll Free: (800) 649-5266 Mobile: (540) 379-1175 Fax: (540) 370-0200</p> <p>www.lansingbuildingproducts.com</p>	<p>Tom Marinari BRANCH MANAGER t.marinari@lansingbp.com</p>
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Tournament Results

The Greater Fredericksburg USBC 5th Annual Women's Championship was held at Liberty North in Stafford on January 23rd and 24th. Two days of intense competition on very difficult lanes. Despite constant mechanical breakdowns on several lanes the ladies kept smiling and bowling, racking up some very nice scores. The following are the teams, doubles and singles that cashed.

Teams, Division 1

1. **Wild Hands** – Beth Dibble, Pam Stoudt, Jeannie Allen, Mary Hand
2. **Dolls with Balls** – Erika Dunnington, Brenda Chambers, Pam Payne, Denise Lanier
3. **Sass & Class** – RoxAnn Artzer-Crowder, Lynn Speight, Geri-Lynn Copeland, Andrea Sharp
4. **Allen-Rollins** – Dotty Weldon, Sherry White, Nell Allen-Rollins, Michelle Livingston
5. **Leffler** - Marie Leffler, Terry Ryan, Gwen Gesswein, Denise Lanier

Teams, Division 2

1. **Livin' On A Spare** – Kathy Cox, Dianne Pape, Vickie King, Liz Lisk-Charlwood
2. **Powell** – Linda Powell, Debbie Lanum, Mary Melton-Priest, Diane Huntley
3. **Lorenz** – Cheryl McDowell, Kirsten Williams, Patricia Von Nieda, Gabrielle Lorenz
4. **Surfer** – Shelley Surfer, Joyce Myers, Ellen Cadette, Shauna Bailey

Doubles, Division 1

1. **Stephanie Brown / Kelley Raetzsch**
(This was Stephanie & Kelly's first Tournament)
2. Pat Jaco / Tammie Minnick
3. Geri-Lynn Copeland / Andrea Sharp
4. Rox Ann Artzer-Crowder / Lynn Speight
5. Judith Turlington / Beth Zentner
6. Kimberly Wallace / Lorri Rohme
7. Pamela Payne / Denise Lanier

Doubles, Division 2

1. **Erika Dunningham / Brenda Chambers**
2. Cynthia Berger / Samatha Iverson
3. Soledad Russell / Bonnie Parazinski
4. Janet Alexander / Cynthia Voltz
5. Sherry White / Nell Allen-Rollins
6. Mary Melton-Priest / Diane Huntley
6. Linda Chappell / Elizabeth Buchanan
8. Vickie King / Liz Lisk-Charlwood

Singles, Division 1

1. **Mary Hand**
2. Cindi O'Neil

Singles, Division 1 (cont.)

3. Denise Lanier
4. Geri-Lynn Copeland
5. Lorri Rohme
6. Diane Godinez
6. Nell Allen-Rollins
8. Rox Ann Artzer-Crowder
9. Johanna Caudill
10. Maile Sylva
11. Kelley Raetzsch
12. Debra Selbe
13. Pamela Payne

Singles, Division 2

1. **Donna Taylor**
2. Stephanie Brown
3. Diane Huntley
3. Sharon Dupree
5. Katherine Dibble
6. Linda Powell
7. Ursula Nutter
8. Cynthia Bergey
9. Mary Kay Edwards
10. Vickie King
11. Debora Lanum
12. Patricia VonNieda

All Events, Division 1 (in order of finish)

Johanna Caudill, Nell Allen Rollins, Denise Lanier, Geri-Lyne Copeland, Rox Ann Artzer-Crowder.

All Events, Division 2 (in order of finish)

Debora Lanum, Diane Huntley, Erika Dunnington, Katherine Dibble, Liz Lisk-Charlwood

All Events, Division 1 Scratch (in order of finish)

Andrea Sharp, Denise Lanier, Cindi O'Neill

All Events, Division 1 Scratch (in order of finish)

Soledad Russell, Donna Taylor



Tournament Notes

The women bowled **fifty-three 200** games during the tournament. **Michelle Livingston's 258** was the **tournament high** but just as impressive was a **211** by **Cathy Cox**. This score was **Cathy's first 200** game since she began bowling.



Youth News

“AMF Youth”

By Jerry Charlwood

The Fred City Strikers are holding a youth/adult no tap tourney on Saturday, March 13, 1 pm at AMF lanes. The cost is \$ 15 per person. This is a doubles event so it is \$ 30 per team. There will be four categories to bowl in:

A: 159 AND UP AVERAGE (BASED ON YOUTH AVERAGE) – 9 TAP

B: 100 TO 159 AVERAGE (BASED ON YOUTH AVERAGE) – 8 TAP

C: BELOW 100 AVERAGE (BASED ON YOUTH AVERAGE) – 7 TAP

D: ADULT – ADULT (OPEN) – 9 TAP.

Trophies and a prize pack are being provided by AMF. All proceeds go toward the Fred City Strikers “return to the USBC Youth Championships” in Indianapolis, Indiana on July 2010. Last year we sent 10 bowlers to Indy paid for with donations and proceeds from this tournament. A bake sale and raffle will also be conducted. Flyers will be distributed at AMF and through the Greater Fredericksburg USBC youth committee.

The Fred City Strikers would like to thank **Ronnie Mills** for his generous donation of five bowling balls and a three ball bowling bag to our league members. Several of the kids have had the balls drilled to fit and are using them. THANKS Ronnie!!

“Liberty North Youth Legends”

By Tara Hoban

Look for important news on our new league site: “MeetUp.com/StaffordYouthLegends”. Anyone interested in viewing information on the site will need to sign up. It’s easy. Just follow the prompts on the main screen. Thanks to April Bair for setting this up for our families.

We have signed up 4 new youth bowlers in the last month, 3 bantams and 1 senior. We currently have one opening remaining in the Junior Division. Bring them to Liberty if anyone has a friend or relative interested.

5TH ANNUAL YOUTH CHAMPIONSHIP

February 13th & 14th

AMF Fredericksburg

2 Handicap Divisions and Optional Scratch

100% of 210

\$1,000 Added to Prize Fund

**** Jackets for Handicap Team Champions****

Entries close February 6, 2010

Honor Scores

11 in a Row

300

800

Stan Cieslewitz 290
Larry Crawford 290
Mike Meadows 290
Larry Bacon 290

Nick Licursi
Jamie Dalton
Jim Einhorn

Jim Einhorn 809
Don Norton 803

The Bowler's Edge

Nick Bowman, USBC Exercise and Strength Conditioning Specialist

It's very difficult to bowl well when you aren't feeling well; therefore, it is very important that you figure out what it takes to keep yourself feeling good when you hit the lanes. But how do you do that?

The best way is to start experimenting with different foods and drinks prior to practice and competition. Keep track of what you're eating and drinking, and jot down a note or two about how each combination affects you. Obviously, continue using the combinations that leave you feeling strong, healthy and energized and dump any that have the opposite effect.

As a helpful hint, right away, try cutting back on soft drinks and drink more water. Also, drink sports drinks only during training or competition, not as everyday beverages - these drinks add calories to your diet!

5th Annual GFUSBC Open Championship

MARCH 6TH & 7TH, 2010

\$2500

Added to Prize Fund!

Jackets for Handicap Team Champions

*****Entries close February 27, 2010*****

Entry form on next page (page 6)

FF0000 5th Annual Greater Fredericksburg USBC Open Championship

Available Squad Dates & Times					
Team			Doubles & Singles		
Mar 6th & Mar 7th 9 AM * & 1:30 PM			Mar 6th & Mar 7th 9:00 AM & 1:30 PM		
* Alcohol and Smoke Free Squad					
Team			Doubles & Singles		
Choice	Date	Time	Choice	Date	Time
#1	_____	_____	#1	_____	_____
#2	_____	_____	#2	_____	_____

Type or Print Clearly

Retain the rules for reference

Entry Deadline - February 27, 2010

Check box if team captain didn't bowl in the 2009 tournament

Captain: _____

Address: _____

Phone: _____

Email: _____

By checking box at left, captain agrees to receive tournament confirmation information via E-mail.

TEAM, DOUBLES, & SINGLES

TEAM NAME: _____

#	TEAM LINE UP			2009-2010 USBC #	2008-2009 Average	"X" if Multiple Entry	- HANDICAP -				OPTIONAL - SCRATCH -				Per Bowler TOTAL
	Must bowl in order listed						Team \$20	Doubles \$20	Singles \$20	A/E (Optional) \$5	Team * \$10	Doubles * \$10	Singles \$10	A/E \$5	
	Last Name	First	MI												
1	Phone #: _____						\$	\$	\$	\$	\$	\$	\$	\$	\$
2	Phone #: _____						\$	\$	\$	\$	\$	\$	\$	\$	\$
3	Phone #: _____						\$	\$	\$	\$	\$	\$	\$	\$	\$
4	Phone #: _____						\$	\$	\$	\$	\$	\$	\$	\$	\$
	Phone #: _____						\$	\$	\$	\$	\$	\$	\$	\$	\$
	Phone #: _____						\$	\$	\$	\$	\$	\$	\$	\$	\$
DOUBLES & SINGLES PAIRINGS ONLY						Totals	\$	\$	\$	\$	\$	\$	\$	\$	\$

Must Bowl in Order Listed		
Last Name	First	MI
Pair	_____	
1	_____	
Pair	_____	
2	_____	

* Scratch Team requires entry by entire Team. Scratch Doubles requires entry by both entrants.	
OFFICE USE ONLY	
RECEIVED:	ENTRY # _____
Total Received:	Squad Assignment:
	Team _____ Dbl/Sgl _____

MAIL ENTRY TO: GFUSBC OPEN
4517 Greenfield Dr
Fredericksburg, VA 22408

Official Tournament Rules and Regulations are located on entry forms located in centers and on line at gusbca.gov

Greater Fredericksburg

USBC Board

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David Brady	(540) 898-1745
Gerald Charlwood	(540) 736-8158

Youth Committee Members

Tom Brady and Chelsea Mills

<u>Newsletter Editor</u>	Larry Roath ldroath@comcast.net
<u>Assistant Editor</u>	Peggy Roath pwroath@comcast.net

Our Association is fortunate to have members and non-members who give some of their time and effort as volunteers to help us with committee work, tournament activities and newsletter distribution. We always need and appreciate help. Thanks to the following men and women who joined up with your Board Members to make us a more successful Association and your bowling experiences better.

Shelley Surfer
Amber Garcia-Laffitte
Matt Huber
Lucinda Clark
Christina Rodriguez
Dave Mathews Sr.
Dan Lorenze

Peggy Roath
Allie Duvan
Mary Melton-Priest
Deborah Johnson
Nikki Warren
Jeff Smith
David Armstrong

USBC Tournaments

5th Annual GFUSBC Youth Championship
February 13 & 14, 2010 – AMF Fredericksburg

5th Annual Open Championship
March 6 & 7, 2010 – Liberty Massaponax

22nd Annual VA State Mixed Handicap
February 6-7, 13-14, 20-21, 2010
Tidewater, VA

53rd VA State Women's Championship
April - May 2010 – Spare Times in Hampton
and AMF Norfolk.

58th VA State Annual Open Handicap
April, May & June 2010
Danville & South Boston, VA

I am always looking for unusual bowling stories or scores from league secretaries or bowlers.

Items like:

Triplicate scores by an individual or team.

First ever 300, 400, 500, etc. series

Career high games. (Not honor scores since we already capture these events)

Humorous or unusual bowling stories from the Bowlers themselves about a recent or past event.

Larry Roath – Lanes & Frames Editor

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News from our Leagues

Lake of the Woods Fun League – Submitted by Joan Trotter

A "special" Thank You to all the bowlers of the Lake of the Woods Fun Bowling League. **They raised \$317** for a holiday contribution to the "Wilderness Food Bank". The food bank was in dire need of funds for Christmas and no one on the league hesitated to do "as much as" they could.



We have a special person in our midst!! **Betsy Wilson**, a collector of vintage clothing (her hobby) has so many outfits in her wardrobes that our Lake of the Woods Players were able to use many in the production of "Mame". Betsy is also very outgoing and wears a number of stylist/plus strange costumes to the bowling alley. **YOU NEVER KNOW WHAT SHE WILL HAVE ON WHEN SHE GETS HERE** and she bowls in the outfits. Even those who don't have a sense of humor are able to "smile" when she appears.

A **new bowler** has been added to our league; **Bob Wright**. He recently moved to the Lake and happened to stop by the AMF Center a few weeks ago. Bob learned our group was from the Lake and could see we were having "fun" and made the decision to join us. We welcome Bob to Lake of the Woods and the LOW Fun Bowling League.

Tuesday Morning Ladies League - Submitted by Cherie Habison

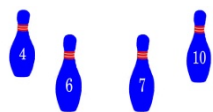
In October we had our 4th annual Halloween party. We all came dressed in costume and, yes, we bowled that way. We even gave away a prize for the "**Best Costume**" that went to **Bonnie Martine** in a clown getup! She was the last person we expected to come dressed the way she did.

For the second year in a row our "little" league adopted three children through the **American Red Crosses "Letters to Santa" program**. Our generous ladies raised **\$380** so we could be "Santa" to these children and did all the shopping for "our kids". We brought in all the gifts during a league day so everyone could be involved and see what we accomplished.

In February we will be hosting our 4th annual Bowl for the Cure charity event with raffles, a silent auction and give-a-ways. This is always a highlight of the year and one that hits close to home.

Jet Setters – Submitted by Shelley Surfer

On November 19th **Daniel Pittman** had a **career high game of 287** when his average was 176. Dan had 10 strikes in a row, just short of the 11 needed for an award. Unfortunately there is no longer an 100 pins over average award but his score is nothing to sneeze at... It's amazing!



Melissa McLeese picked up the "Big Four" split. What a shot. **Congratulations, Melissa!**

Ladies Night Out League – Submitted by Shelley Surfer

Florence Shanahan, 141 average, rolled a career high 232. That's 91 pins above her average. **Way to go, Flo!**

Stafford Dodge Wednesday Mens – Submitted by Dave Tomlin

Nice to bowl a triplicate but **Scott Saunders** bowled a **BIG 234 Trip** in Wednesday Night Men's. **Now that's a Triplicate**

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