



Lanes & Frames

Your GFUSBC Newsletter

www.gfusbca.org

Mission Statement

The Greater Fredericksburg USBC is to be the unified organization of choice focused on the promotion and growth of the sport of bowling in and around the Greater Fredericksburg region.

Bowlers,



Welcome back from summer to the start of the 2009 – 2010 bowling season. Some of you have kept in practice this summer, but many of you have not picked up a ball since spring. Even if you took the summer off, your Association did not rest.

Many changes have taken effect for the new season. First of all, the Virginia State Bowling Association, Women's Bowling Association, and Youth Associations merged to form the Virginia State USBC. The women who paid an extra \$1 to join the State BA last year no longer need to do so and will be able to bowl in both state and local tournaments.

USBC made many changes to the awards program. The 11-in-a-row plaque is now a trophy. Game and series achievement award patches will now be magnets and average requirements were changed to make them more meaningful. The 7-10, big four, triplicate, all spare game, and Dutch 200 game awards have been discontinued. USBC felt these accomplishments were not based on skill. The good news is local GFUSBC awards and criteria have not changed.

GFUSBC held a league secretaries/presidents workshop at the beginning of August to review these changes; but sadly, less than half of the leagues were represented. In most cases, secretaries get paid at least 50 cents/person/night to perform their duties. Yet, four leagues failed to turn in final season averages for their members. If not for extra effort from Skip Frey, the association manager, those averages would not have made it into the average book or been turned in to USBC. A couple of other leagues either turned in no award paperwork all season or held onto it until the end of the season and turned in a large group all at once. GFUSBC has made great strides to recognize bowler accomplishments in a timely manner, but we can't process them if the secretary doesn't submit them.

As league members, you should hold your league secretary accountable for doing their job or you should replace them. Most secretaries do a great job and the league can't operate without them. It also makes Skip's job much easier when secretaries stay on top of their paperwork. If you have a good secretary, let them know you appreciate their efforts.

We also have established tournament dates for the 5th Annual Senior, Women's, Youth, and Open Tournaments. Check out our website at gfusbca.org. DJ Johnson prides himself on keeping it up to date. You will find a calendar of events, all honor scores shot since 2005, average books, top 10 averages in the association broken out by center, copy of the new rulebook, copies of the newsletter, etc.

I hope you're excited about starting a new season as I am. Good luck and good bowling this season.

Paul Rumbaugh
President, GFUSBC

From the Association Manager...



Welcome back! I hope everyone had a great summer and you are ready to start the winter bowling season.

Please remember, when filling out your 2009-2010 membership cards, to verify all pre-printed information and make any necessary corrections. When you make any corrections or fill out a card from scratch, please print clearly. If I misread your information it could delay the delivery of your membership card. Also, your Virginia State Association is now merged which, for the ladies that previously paid an additional \$1 to be in the men's state association, you no longer need to do this.

At this time last year, I pledged to you that we would improve the award process – I believe that the Association has done that. However, we can do better. Last season we had three leagues, Friday Night Late Mixed, Mt. Hope Baptist Church, and Wacky Women, who did not submit any bowler achievements. Another league submitted award applications, but well after the league finished for the season – not exactly a timely recognition of your accomplishments. We also have a couple leagues that submit applications for USBC awards but not for your local association awards. If you care about getting recognition for your bowling achievements and believe that you earned an award that you have not received, check with your league secretary and inquire as to its status. If you have bowled an Honor Score (11 strikes in a row, 300 game, 800 or 900 series) you should get a form to fill out and sign. Typically you should receive this no later than a week after the score was bowled. If you have not seen this form you should check with your league secretary. For many bowlers this is a once in a life time accomplishment for which you deserve recognition. I would like to, again, remind all league secretaries that honor scores are required to be reported to the Association within 48 hours and paperwork submitted within 20 days. Please remember that these prestigious awards cannot be reported to USBC until all paper work has been properly filled out.

As you may or may not be aware, your Association also runs four annual tournaments – a Senior Championship (open to any bowler 50 years of age or older), a Women's Championship, a Youth Championship, and the Open Championship (open to adult men and women). These are all handicap events, with scratch events offered as an option. When I approach bowlers to enter one of these tournaments, I am continually told that they are not good enough to participate. Please remember that in most cases the handicap division winners are bowlers who “weren't good enough to be in the event” – that is what handicap is for. So when you see the tournament flyers remember this and sign up. Even if you do not win, you can spend some time with your fellow bowlers and just have a great time!

As always, if you have any questions or need assistance please call the Association office at 540-372-7870. Remember that your Association is here to help!

Good luck and high scores. I'll see you on the lanes.

Skip Frey
GFUSBC Association Manager



AAA ULTIMATE FAN CRUISE 5 Day Round Trip Baltimore to Bermuda **July 10 thru 15, 2010**

July 10 Embark Baltimore
July 11 At Sea
July 12 Bermuda
July 13 Bermuda
July 14 At Sea
July 15 Return Baltimore



Hosted by Raven Players & Personalities, Private cocktail parties, Private photo and autograph session, Private Q & A session, Prepaid gratuities, \$50 Shipboard Credit, Escorted by AAA Mid-Atlantic

Contact: Pam Frey @ AAA Midatlantic for details.
(540)-785-0282 ext. 61843 or pfrey@aaamidatlantic.com

Tournament Results

The 18th Annual Historic Fredericksburg Virginia Tournament was held at AMF Fredericksburg on July 25 and 26. Forty four teams of women came to AMF hoping to take home some bowling cash in the team, doubles and singles events. They battled it out over two days. The scores were good and everyone had a good time. Here is a list of the bowlers that lead the way this year.

Singles

1. Denise Randolph
2. Amber Casey
3. Lavonnie Giles
4. Angela Jordan
5. Anita Hawkins
6. Diane Garrett (Tied)
6. Lynn Speight (Tied)
8. Denise Johnson
9. Soledad Russell
10. Michelle Stark
11. Sondra Blakey
12. Linda Brooks
13. Mary Kay Edwards
14. Vivian Bellinger (Tied)
14. Donna Wheaton (Tied)
16. Darlene Wyatt
17. Phyllis Gallahan

Doubles

1. Sharon Jordan/Angela Jordan
2. Rebecca Daniel/Terry Lucas
3. Michella Stark/Mary Amsden
4. Ann Ampley/Marina Campbell
5. Terry Waldon/Cherice Jordan
6. Pamela Prue/Renee Graham
7. Sharon Dupree/Samantha Iversen
8. Jessica Hilliker/Quintina Jefferson (Tied)
8. Cindy Ford/Deb McCabe (tied)

Teams

1. Edwards
2. Sweet Chicks
3. In The Mix
4. Spriggs Team

All Events

1. Samantha Iversen
2. Denise Randolph
3. Soledad Russell
4. Amber Casey
5. Phyllis Gallahan
6. Kelli Austin
7. Cynthia Porter (Tied)
7. Lavonnie Giles (Tied)

Courtney Tripp organized and managed the Historic Fredericksburg Tournament. Courtney sends her thanks to the following volunteers for their work in making the tournament a success:

Phyllis and Lou Massaro, Jeff and Jackie Smith, Adam Tripp, Justin McDonald, Larry Roath, Bobby Phillips, Terry Holloway, Frank Grant, Jamie Conner, Velda Madison, Kim Taylor, Terri Franklin, Rachel Lanier, Georgia Hoff.

The GFUSBC operated a Ways & Means table, offered brackets and sold 50/50 tickets. Profits were donated as follows: **\$812 each to BVL and Bowl for the Cure.** Additionally a ball raffle brought in **\$118 for youth bowlers.**

57th Annual VA State USBC BA Tournament

Greater Fredericksburg USBC Bowlers had a fine showing in the State Tournament held in Roanoke and Christiansburg, VA. The following GFUSBC bowlers cashed in:

TEAM

LMS Repair (You know who you are)

DOUBLES HANDICAP

Eugene Vest & Eric Briggs, Jamey Myers & Jim Wolfe, Josh Kemp & Joseph Andrews, Tom Langrehr & Chuck Haywood, Robert Mahanes & Frank Kemp III, Mark McNulty & Jon Blanton, John Hendrick & Robert Diggs, Adrienne and Bill Carrington, Anthony Krehbiel & James Murray, Rick Gilmore & James Merideth Sr., Chris Burton & Edwin Burton Sr.

DOUBLES SCRATCH

Jamey Myers & Jim Wolfe, Keith Clark & Paul Rumbaugh

SINGLES HANDICAP

Jerry Goodman, Donald Dobson, Larry Roath, Charles Hayward, John Fillis, Eric Briggs, Ken Howard, Tony Collins, Dave Tomlin, Bill King Sr., Tom Marinari, Jim Wolfe, Kevin Smith, Rick Gilmore, Dave Brady, Clifton Baucom, Timothy Gunn.

SINGLES SCRATCH

Jerry Goodman, John Fillis, Tom Marinari, Jim Wolfe, Robert McMillan, Dave Tomlin.

ALL EVENTS HANDICAP

Charles Hayward, Eric Briggs, Julio Mercado, Josh Kemp, Jerry Goodman.

ALL EVENTS SCATCH

Jim Wolfe, Jerry Goodman, John Fillis

The Bowler's Edge

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This is an article from John McCarron, a member of the Massachusetts Tri-County Bowling Hall of Fame. He is the teaching pro and pro shop operator at Spare Time Lanes in Bristol, Tennessee. If you have any news items or questions, he can be reached on (860) 583-4692 or by e-mail at sun300j@aol.com

Here is John's advice: If you are bowling and things aren't going well there is an easy solution. **"Go back to basics."** Sounds too easy, doesn't it?

John sees this as a problem with many players who are struggling to maintain their average. Today's players have become accustomed to making changes in equipment first. It's really the opposite. Equipment can and does enhance your game, but it's not the first move you should make. Changing to a different surface ball will probably come into play during the day of competition; **just don't make it your first option.**

First, analyze what the ball is doing and where your breakpoint is. If the ball is still reacting well but breaking too much, **your first adjustment is moving your feet.** Most likely a small move left (for a righty) while keeping the same target will do the trick. If your ball is still overreacting, a bigger move left is a choice. Moving as much as 7-10 boards left and your target an arrow left is good positioning. This gets the ball into the heavier lane dressing which in turn makes the ball go farther down the lane before hooking.



Of course, this depends on your release. One of the biggest problems we have are is confidence the ball will hook enough. Here's a thought John tries to instill in his students. **'Make the adjustment'**. What's the worst that can happen? You don't get a strike and have to convert a spare? Seeing a different part of the lane will allow you to make an intelligent choice for equipment if you need to change balls. **John's best advice is, don't be afraid to make a change.** If the lanes change, so should you.

When do you make a ball change? A ball change should be made when you're not getting a good read on your current ball reaction no matter where on the lane you move. Today's lane oils can be very challenging with many aggressive balls being used on the same pair. In easier terms, the balls absorb the oil so much it creates a spotty lane pattern. This is mostly found when everyone is rolling the ball over the second arrow from the right. This could happen with any area. This will make the balls either jump too quick at the back end or go too far before hooking. **If you make the move right or left and don't get a good response then he suggests a ball change.** If the ball is traveling down the lane too far, a more aggressive ball would help. If the ball jumps too quickly, a less aggressive ball might be your best choice.

Drilling patterns come into play here, that's where a pro shop professional is invaluable to your game. The same ball with a different drilling and/or surface change could be your best choice.

This discussion it not meant for those just starting in the game but is geared toward the veteran serious player.




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Youth News

Inaugural GFUSBC Scratch Tournament

Last spring the Greater Fredericksburg USBC held its inaugural youth scratch tournament at AMF Fredericksburg open to youth bowlers in our Association.

The tournament format was a four game event with bowlers changing lanes following each game. The event was divided into two divisions to allow a fair and competitive field. We were not disappointed.

In Division 2 for bowlers with averages 164 and below, **Samantha Wallace** finished in **first place shooting a very impressive 807**. **Second place** went to **Patrick Downs with a 718 series**, with **third going to Jessica Callahan with a 708 series**.

The competition in Division 1, for bowlers with averages of 165 and above, was very exciting. After completion of the four game set, David Armstrong and Bill Symanowski both had scores of 819. **The winner was determined by a one game roll-off. David Armstrong defeated Bill Symanowski 256-194 to claim first place in the tie breaker.**

\$400.00 in SMART scholarships was distributed as prize funds for the scratch tournament.

The youth committee thanks The GFUSBC for supporting the event, AMF Fredericksburg for being the host and Association Manager Skip Frey for obtaining USBC Certification and assisting with the tournament. Also, thanks to Terry Holloway of "Ten in the Pit" Pro Shop for offering a special award for any 300 games rolled.

The youth committee is planning a handicap event in the fall, so youth bowlers; keep an eye out for this event!!!

"More Good News from the Youth"

One of our local bowlers finished 3rd in the Junior Gold (Major) Tournament held at Liberty Lanes (Massaponax) on August 15, 2009. After 10 games of qualifying he was seeded 5th, won his first 2 games in Match Play to finish 3rd overall. **That bowler was David Armstrong.**

*Saturday Youth Legends fall season is scheduled to begin September 12, 2009. All youth bowlers' ages five thru 20 are welcome to join. **Last year we awarded over \$3300 in scholarship money to our Senior Division.**

Fred City Strikers signed up 9 new bowlers over the weekend at our membership drive. We have several from Culpeper and a few coming back from two years ago (although we will be losing a few). We are still working the recruiting effort with the new AMF team.

We submitted our Registered Volunteer Program (RVP) forms for our coaches this Saturday. The new AMF management team has submitted requests through their employee relations organization. We should have clearance within 2 days to 2 weeks for everyone.

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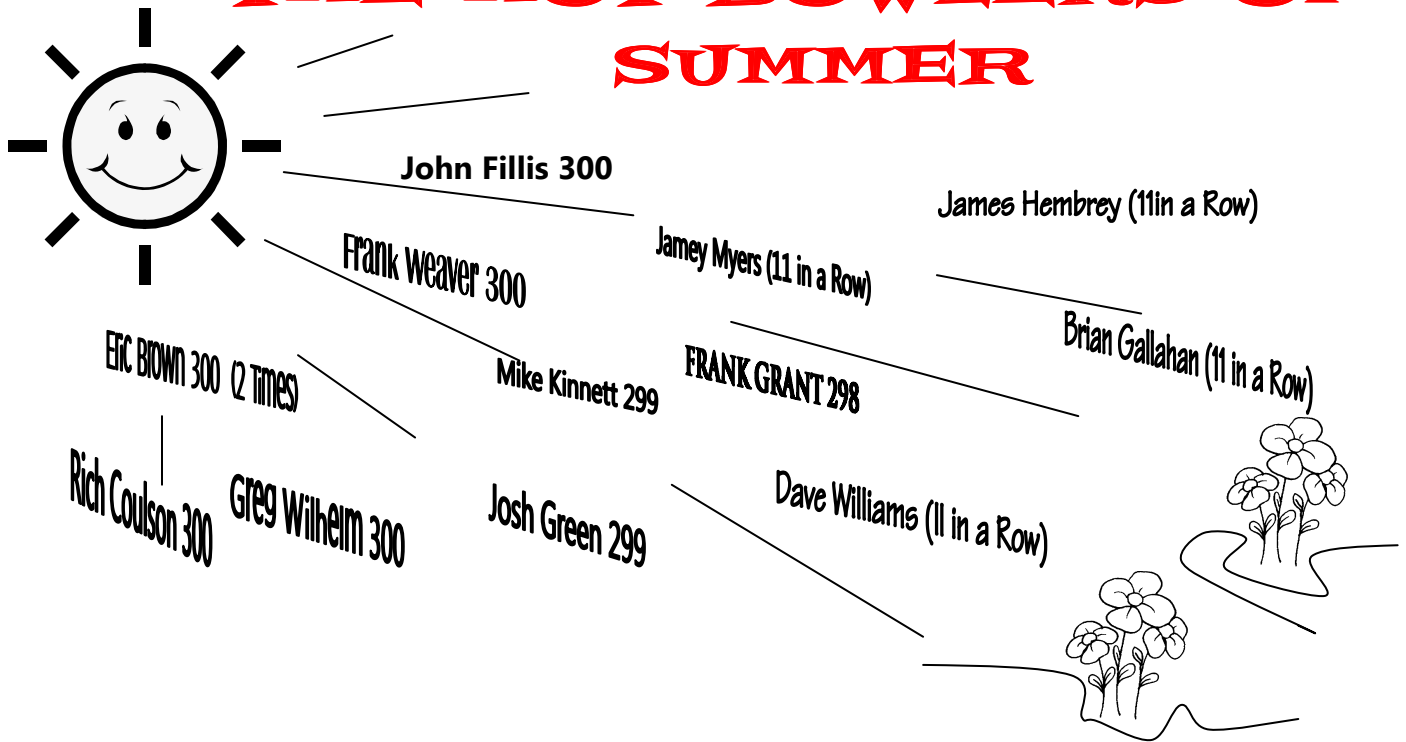
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THE HOT BOWLERS OF SUMMER



While you were off for the summer the GFUSBC Board of Directors took the following actions on your behalf:

- * Voted to run brackets, a 50/50 and operate Ways and Means table at the Historic Fredericksburg Bowling Tournament in July 2009. All profits would be donated to Bowl for the Cure and BVL. (See the results on Page 3)
- * Voted to sponsor a hole at the youth golf tournament. (\$100)
- * Inspected lanes at AMF, Liberty (North and South) and Dahlgren during the May-June 2009 timeframe .
- * Represented GFUSBC at:
 - The National USBC Meeting
 - The VA State USBC Youth, WBA and BA Meetings
 - The Inaugural VA State USBC Association Meeting.
- * Conducted the GFUSBC Annual Meeting in April 2009.
- * Developed and passed a budget for 2009-2010
- * Developed a calendar of events for 2009-2010, including the four association tournaments
- * Conducted a League Secretary's Workshop in August
- * The board approved a GFUSBC Adult Scholarship for its members. See page 8 and www.gfusbca.gov
- * Approved additional prize money for our local tournaments in the amount of \$ 500 each for the Senior, Women, and Youth Championships and \$1500 for the Open Championship.

Greater Fredericksburg

USBC Board

<u>President</u>	Paul Rumbaugh (540) 657-6952
<u>Vice-Presidents</u>	Ben Jones (540) 373-9414 Brenda Chambers (540) 710-9804 Terry Holloway (540) 845-6289
<u>Sgt. At Arms</u>	Jackie Smith (540) 424-2351

Association Manager

Robert "Skip" Frey
(540) 373-7534

Directors

Larry Roath	(540) 898-1403
DJ Johnson	(540) 775-4207
Pat Jaco	(540) 854-8219

Youth Directors

Richard Bergey	(804) 448-5633
David Brady	(540) 898-1745
Gerald Charlwood	(540) 736-8158

Youth Committee Members

Tom Brady and Chelsea Mills

Newsletter Editor Larry Roath
ldroath@comcast.net

Assistant Editor Peggy Roath
pwroath@comcast.net

USBC Tournaments

5th Annual GFUSBC Senior Tournament

November 14 & 15, 2009 - AMF Fredericksburg

5th Annual GFUSBC Women's Tournament

January 23 & 24, 2010 - Liberty Stafford

5th Annual GFUSBC Youth Tournament

February 13 & 14, 2010 – AMF Fredericksburg

5th Annual Open Championship Tournament

March 6 & 7, 2010 – Liberty Massaponax

Virginia State USBC 2009 Senior Tournament

Oct. 3-4, 10-11, 17-18, 24-25 – AMF Hanover Lanes

53rd VA ST. Women's Championship Tournament

April - May 2110 – Spare Times in Hampton and AMF Norfolk.

I am always looking for unusual bowling stories or scores from league secretaries or bowlers.

Items like:

TriPLICATE scores by an individual or team.

First ever 300, 400, 500, etc. series

Career high games. (Not honor scores since we already capture these events)

Humorous or unusual bowling stories from the Bowlers themselves about a recent or past event.

Larry Roath – Lanes & Frames Editor

what a couple of our leagues did last year. **Very cool!!!!**



The Thursday Morning Stars contributed \$330 to Bowl for the Cure. This was monies collected through their 50/50 fund.



The Tuesday Merchant's Mixed League gave \$322 each to BVL, Bowl for the Cure and the Youth Tournaments prize funds.

!!!! Each league might want to consider giving something to these causes. Our Association Manager can handle the paperwork and see that your league gets the credit.

Our Association is fortunate to have members and non-members who give some of their time and effort as volunteers to help us with committee work, tournament activities and newsletter distribution. We always need and appreciate help. Thanks to the following men and women who joined up with your Board Officers to make us a more successful Association and your bowling experiences better.

Shelley Surfer, Peggy Roath, Amber Garcia-Laffitte, Shelly Leckliter, Nancy Yeatts, Richard Graves, Steffany Cleaveland, Allison Holliday, Virshynda White, Mary Melton Priest, Nikki Warren.

Announcing the Greater Fredericksburg USBC Adult Scholarship

Purpose:

The Scholarship Award will annually recognize one certified adult bowler who wishes to further their education for personal or professional enhancement. The award winner will receive a scholarship in the amount of \$500.00. An individual may win this award only once.

Funds for the scholarship award winners will be administered through the Greater Fredericksburg USBC office.

Eligibility:

Eligible nominees must:

- Be a certified USBC member.
- Be a current adult member in good standing of the Greater Fredericksburg USBC association.
- Must have participated in at least one GFUSCA tournament in the past year.
- Must already be enrolled in a degree program at an accredited college or university.
- Must be maintaining a GPA of 3.0 or higher.

Nomination Procedure:

Nominees must:

- Complete the application form. (**Application forms can be downloaded from gfusbca.org**)
- Include at least one letter of reference.
- Include official college transcripts verifying GPA.
- Include or attach any documentation you would like to have considered.
- Include an essay on why winning this scholarship is important.

Submission:

The completed form must be returned to the address listed at the end of the application. This application will be postmarked no later than January 30th of the year it is submitted to the Association Board.

The application materials and supporting documentation will be reviewed by the Association Scholarship Committee. Once an application is selected, the nominee will be asked to meet with the scholarship committee to be interviewed. The applicant will be notified if they have been selected as a Scholarship recipient by the Chair of the Scholarship Committee.

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